

DSP Supported Decision-Making
Supported Decision-Making Resource Library
Last Updated: January 28, 2026

Note: Some of these resources have been developed for different jurisdictions, including their policy and legislation. When referencing these resources, please be mindful that any insights gleaned should be aligned within the Nova Scotian context, including around policy and legislation.

Articles, Reports, and Websites

- *Supported Decision Making: Rapid Scoping Review of Literature on Best Practices* (Wildeman and McGinty, 2024)
https://digitalcommons.schulichlaw.dal.ca/working_papers/69/
- *Operationalizing Supportive Decision Making in Nova Scotia Adult Residential and Regional Rehabilitation Organizations (RRC/ARCs) - Acknowledgements and Project Overview* (IIDEAS Network/Aubrecht et al., n.d.)
- Inclusion Saskatchewan, Workbook on Supported Decision-Making
<https://www.inclusionsk.com/sdm>
- Abilities Manitoba, Informed Consent and Decision-Making
<https://www.abilitiesmanitoba.org/resources-and-information/leading-practice-guidelines/guideline/43/informed-consent-decision-making>
- Abilities Manitoba, Supporting Choice and Control
<https://www.abilitiesmanitoba.org/resources-and-information/leading-practice-guidelines/guideline/42/supporting-choice-control>
- *A process of decision-making support: Exploring supported decision-making practice in Canada* (Browning, Bigby, and Douglas, 2021)
<https://www.tandfonline.com/doi/epdf/10.3109/13668250.2020.1789269?needAccess=true>
- *Review of the Adult Capacity and Decision-making Act Public Engagement: What We Heard* (Horizons Community Development Associates Inc., 2021)
<https://novascotia.ca/adult-capacity-and-decision-making-act-consultation/docs/ACDMA-review-what-we-heard.pdf>
- *Good practice in supported decision-making for people with disability: final report* (Laurens et al., 2021) <https://apo.org.au/node/313465>
- LaTrobe University Supported Decision-Making Model, about this Resource
<https://www.supportforddecisionmakingresource.com.au/>
- Supported Decision-Making Poster <https://cid.org.au/wp-content/uploads/2023/03/SDM-framework-principles.pdf>

Worksheets and Toolkits

- Deciding with Support, Practice Toolkit with examples for behaviour support
<https://decidingwithsupport.flinders.edu.au/who-are-you-here-as-today/i-am-a-service-provider/practice-toolkit/>
- Inclusion Melbourne, It's My Choice Toolkit
<https://inclusionmelbourne.org.au/resource/choice/>
- LifeCourse Nexus, Supported Decision-Making Toolkit
<https://www.lifecoursetools.com/lifecourse-library/exploring-the-life-domains/supported-decision-making/>
- Personal Directives in Nova Scotia, information and sample forms
<https://novascotia.ca/just/pda/>

Videos

- <https://dafrs.com/recognizingcapacity/>
- <https://www.abilitiesmanitoba.org/elearning/decision-making-and-choice>
- <https://www.youtube.com/@inclusionaustralia7711/videos>
- <https://www.youtube.com/watch?v=rdlf8YztWAQ>
- <https://www.talksthatmatter.net/freevideos>
- <https://www.youtube.com/watch?v=5iXwzr16ELU>
- https://www.youtube.com/watch?v=Fz_1a-7eeQs
- <https://supporteddecisions.org/wp-content/uploads/2024/03/Omar-Video-English.mp4>
- <https://supporteddecisions.org/wp-content/uploads/2024/08/Hasan-Video-082024-compressed.mp4>
- <https://www.youtube.com/watch?v=MhOTX5WFEgE>

External Resource Libraries

- <https://supporteddecisions.org/resources-on-sdm/>
- <https://supporteddecisionmaking.org/research-articles/>
- <https://supporteddecisionmaking.org/resource-library/>